

Thank you for your interest to find out more about MERRITHEW STOTT PILATES courses and workshops at Pilatique Singapore and Malaysia.

We stay loyal in keeping expectation real in order to ensure our students and clients benefit from our commitment in serving you our best.

We would like to emphasize that STOTT PILATES Intensive Courses' content and training schedule are intensive and is suitable for one who has the recommended 30hrs EACH (but not limited to) of Pilates class experience and learning experience in Anatomy.

We provide pre-course prep workshops: Anatomy Review and Postural Analysis Review to help students to have a first hand experience or as refresher for student to prep and be equipped specifically to enjoy the training and benefit from the course content.

If you do not meet the prerequisites at this moment, Pilatique stand as a supportive and committed MERRITHEW International Licensed Training Center in Singapore and Malaysia to help you through this journey until you earn your STOTT PILATES Instructor Certification, including post course 3-months access to our studio for observation, physical review and practise teaching (part of STOTT PILATES certification requirements) and tutorial sessions.

Please help us to fill in the details for all segments and answer the questionnaire to help us to have a thorough understanding of your background and experience to enable us to get straight into giving our advice on the best step forward for you.

Please email / WhatsApp us your completed admission form to enquiry.sg@pilatique.com / +65 9820 2686. And we will be in touch with you.

Thank you.

Regards,
Melissa Wong
MERRITHEW Lead Instructor Trainer
Co-Founder, Education Director



** Complete this form in Black Ink and BLOCK CAPITAL LETTERS and return only Page 2 to 4 by hand or email to enquiry.sg@pilatique.com *

APPLICANT'S DETAILS

First Name:		Last Name:			
Company Name:		Occupation:			
Mobile No.:		Email:			
Address:					
City:		State / Province:			
Postcode:		Country:			
Date of Birth:		Gender:	Male 🗌	Female	
Emergency Contact: (Name & Relationship)		Emergency Contact No.:			
* Note: The STOTT PIL registration of pregnat COURSES / WOR	•	e not for pregnant pa	rticipants. We ar	e unable to accept	
Cooksis, work					
IMP Intensive Mat-Plus, Intake		AM Advanced Matwork, Intake			
IR Intensive Reformer, Intake		AR Advanced Reformer, Intake			
ICCB Intensive Cadillac, Chair & Barrels, Intake		ACCB Advanced Cadillac, Chair & Barrel, Intake			
☐ ICAD Intensive Cadillac, Intake ☐ ACAD Advanced Cadillac, Intake					
ICHR Intensive Chair, Intake		ACHR Advanced Chair, Intake			
☐ IBRL Intensive Barrels, Intake		ABRL Advanced Barrels, Intake			
FA, Functional Anatomy, Intake		ISP, Injuries and Special Populations, Intake			
ARW, Anatomy Revie	w Workshop, Intake [PARW, Postural Analy	rsis Review Worksho	op, Intake	
Other Course / Wor	kshop, Intake				
RELEVANT EDUCATION Please list related tertiary education – academic degree / higher education, post secondary or certificate courses and workshops					
Describe anatomy e	ducation (musculoskeletal / biomechanic	s) Year	☐ Number of	Hours	
workshop / othe	r	Year	☐ Number of	Hours	
Remarks:					



List Fitness / Dance / Movement related certification (e.g. ACE, CSCS, AFAA, etc. please specify)						
RELEVANT EXPERIENCE						
Describe your personal experience in dance, fitness o2r other body work:						
Outline your	teaching experience					
O Year	Position	Organization:				
O Year	Position	Organization:				
O Year	Position	Organization:				
O Year	O Position	Organization:				
_						
Outline your	Pilates experience		-			
	Duration	Location – Studio / Facility, City, Country	Total Hours			
Matwork	to					
Reformer	to					
Cadillac	to					
Chair	to					
Daw-1-	1-					
Barrels	to					
	1					

Additional remarks, please elaborate



PERSONAL INFORMATION	
Do you have / have had any injuries or conditions or postural issues (medical clearance may be required)	that may affect your performance during the course
Have did you have about CTOTT DILATEC® / Marrithau The Education 2	
How did you hear about STOTT PILATES® / Merrithew™ Education? How did you hear about Pilatique® Pilates Studio?	
Why are you interested in becoming a STOTT PILATES® certified inst	tructor?
How do you plan to use your certification (how will you be applying y	your knowledge)?
Are you using this course to fulfill continuing education credits?	yes no
I, hereby confirmed that the above in	formation provided are true.
Signature	Date

The following segment to be completed upon confirmation of acceptance.

COURSE REGISTRATION

- Registration must be accompanied by a deposit of 50% of the course fee and 100% materials fee.
 Space is limited and registration will be processed on a first come-first-served basis. Space will
 ONLY be reserved upon the receipt of all application materials and deposit.
- Prices are subject to change without notice. Fees for courses and workshops do not include required course materials or applicable taxes unless stated. Full course fees are due 1 month before course start date. Deposits are non-refundable.

* Note: The STOTT PILATES Istructor Certification Courses are not for pregnant participants. We are unable to accept registration of pregnant applicants.*

WAIVER		
course or workshop is being held courses and workshops. I am full not hold those named above respreviously existing conditions. I mindful of my own physical limita	, from any responsibility or liability y aware that I am participating in t sponsible in the event of my incufully intend to use common sense tions and prior injuries so as not to	Studio and the location in which this due to my participation in Pilatique® these sessions at my own risk and will arring any injury or exacerbating any e when practicing Pilates and will be sustain further damage. If I have any an to make sure Pilates is appropriate
Signature		Date

PAYMENT METHOD

Payments should be made in Singapore Dollar (SGD) without charges for the beneficiary as follows:

Cheque / Telegraphic Transfer should be made payable to:

PILATIQUE SINGAPORE PTE. LTD.

Bank Current Account Number: 001 906860 6

Bank: DBS Bank

12 Marina Boulevard, DBS Asia Central,

Marina Bay Financial Centre Tower 3, Singapore 018982.

SWIFT Code: DBSSSGSG **BANK CODE:** 7171 **BRANCH CODE:** 001

- Cash, NETS, Visa or MasterCard (Please visit Pilatique® Studio in person to make payment)